



# WEEKDAY DANCE SCHEDULE

Time	Room	Monday	Tuesday	Wednesday	Thursday
10:45p-11:30a	Small	R&R (2-3yrs) Anda	Combo 1 (3-4yrs) Anda	R&R (2-3yrs) Anda	
4:15p-5:00p	Small	Combo 2 (5-6yrs) Anda	R&R (2-3yrs) Rochelle	Beginners Ballet (7-9yrs) Anda	Pre-Ballet (4-5yrs) Rochelle
5:00p-6:00p	Small	Intermediate Tap (7-9yrs) Anda	Intermediate Bal- let (7-9yrs) Rochelle	Jazz (8 & up) Anda	Intermediate Bal- let (7-9yrs) Rochelle
6:00p-7:00p	Small  Large	Jr. Hip Hop (10yrs and Up) Anda	  Advanced Ballet (9yrs & up) Rochelle	Advanced Tap (10 & up) Anda	  Advanced Ballet (9yrs and Up) Rochelle
7:00p-8:00p	Large		Modern & Mvmt Improv (7-12yrs) Rochelle		Lyrical Jazz (8yrs and Up) Rochelle

Note from Instructors: Schedule is subject to change. All classes have a 4 participant minimum. Payment is due BEFORE the first class; a \$10 late fee will be assessed after that time.

**Sign ups Starts in  
December**

**Sessions Begin the Week of Monday  
Jan 9th, 2012  
And run month-to-month**

Spring Recital Dates: Rehearsal– Tues. May 15th 2012  
Performance– Sat. May 19th 2012

**Financial Assistance:** If you are unable to pay the full cost of YMCA membership or programs, you may apply for assistance based on your financial situation. Funds for financial assistance are raised through the YMCA Community Campaign that come from generous individuals, businesses and the local community.

One Day a Week Classes:  
Res: \$20 Non: \$30

Two Days a Week Classes:  
Res: \$35 Non: \$45  
(Please pay month-to-month)

\*\*Other fees may apply for  
costuming and recital.

Meridian Ranch Rec. Center  
10301 Angeles Dr.  
719-495-7119

### **Rhythm & Rhyme (ages 2-3yrs)**

Here we go!! Learn to listen and follow. Your little one will learn how to follow the teacher and dance those wiggles out. This is a great stepping stone for those toddlers to listen and take direction while working on basic dance techniques like hopping, balance, spinning, and imagination exploration.

### **Pre-Ballet (ages 4-5yrs)**

Teaches fundamentals of ballet technique, including ballet feet and arm positions, and improves attention span and discipline.

### **Ballet/Tap Combo 1 (3-4yrs)**

They have wiggles and giggles too!! Here your little one will learn to listen and follow while learning the basic ballet and tap techniques then put it all together for a show.

### **Ballet/Tap Combo 2 (5-6yrs)**

Let those little angels fly!! Here your little dancer will step up to the next level, we will work on basic dance techniques, routines, form, and posture.

### **Tap 1 (ages 4-6yrs)**

Tip-Tap-Toe!! Teaching tap basics in single and double time rhythms. This class also teaches dance terminology. A great addition for students in Pre-Ballet and Ballet 1, or for beginning tap stars.

### **Intermediate Tap (ages 7-9yrs)**

Tip-Tap-Toe!! Teaching tap basics in single, double, and triple time rhythms. This class teaches terminology, basic routines, and freedom of choreography.

### **Ballet 2 (ages 6-7yrs)**

This class includes the fundamentals of dance as well as developing grace and poise for performance. Steps will be combined at this level to develop coordination, flexibility, and strength.

### **Intermediate Ballet (ages 7-9yrs)**

For the more focused or more experienced dancer, this class includes Ballet combinations and vocabulary that further develop performance skills, coordination and flexibility but adds even more steps.

### **Advanced Ballet (ages 9 and Up)**

For older students who have learned the fundamentals and are ready to master complex combinations in a focused and fun class. Movement vocabulary is increased and performance skills are emphasized.

### **Jazz (ages 8 and Up)**

Fast paced fun, Jazz emphasizes strong leaps and turns. It is a rhythmic percussive dance form seen primarily in commercial venues such as Broadway shows.

### **Modern & Movement Improvisation (ages 7-12yrs)**

Movement that connects us to each other and to the earth. Modern experiments with space and time to create unique and creative dance. Students will explore their own style and create steps and dances together.

### **Lyrical Jazz (ages 8 and Up)**

The flowing, expressive style of Lyrical combined with the jumps, turn, and fun of Jazz.

### **Jr. Hip Hop (ages 10 and Up)**

Jump, Hop, Skip!! This class teaches rhythm, coordination, and age appropriate hip hop choreography with no suggestive music/movements. Jr. Hip Hop is upbeat and great for kids who want to jam!!